



SIMNSA HMO

SIMNSA (*Sistemas Medicos Nacionales, S.A. de C.V.*) is the first Mexican HMO to be licensed as a health care service plan by the State of California.

THE PLAN

- Provides employees with a very affordable and culturally sensitive across-the-border health plan option is licensed by the California Department of Managed Health Care, subject to Knox-Keene Act
 - Requires that routine services must be received in Mexico while emergency and urgent care services are covered anywhere in the world
 - Has medical centers in Tijuana, Mexicali, and Tecate
 - Is subject to Health Care Reform mandates including no copays for an extensive list of preventative care services
 - Includes other VEBA benefits (Best Doctors, Employee Assistance Program, Wellness Programs)
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WHO CAN JOIN SIMNSA HEALTH PLAN

Employees and their eligible dependents who live in San Diego county or Tijuana and meet the following definition of "Mexican National" may enroll in the SIMNSA HMO plan:

- A person born in Mexico
 - A person born in another country with a Mexican father or a Mexican mother, or both
 - A foreign woman or man who marries a Mexican man or woman and lives in Mexico
 - A foreigner who becomes naturalized in Mexico
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SIMNSA WEBSITE

Please visit www.simnsa.com for more information, including:

- List of providers
 - Benefits Summary
 - Evidence of Coverage
 - Forms
 - Wellness Information
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OTHER CONTACT INFORMATION

San Diego Office

2088 Otay Lakes Rd. #102
Chula Vista, CA 91915
PH: (619) 407-4082
Fax: (619) 407-4087

Tijuana Office

Av. Paseo Tijuana #406-102
Zona Rio 22320 B.C.
PH: 01 800 800-1491
Fax: (011-52) 664 231.4781

Mexicali Office

Av. Reforma #1262 Entre D y E Zona
Centro Segunda Seccion
Mexicali B.C. 21100