



Sweetwater Union High School District Athletics

670 L Street, Suite G, Chula Vista CA 91911 (619) 796-7579

2023-2024 Middle School Athletic League



Fall Sports

Basketball, Baseball, Softball, & Cross-Country

August 26	Regular season games
September 9 & 16	Regular season games
October 14 & 21	Regular season games
October 28	Play-offs & Championship games

Winter Sports

Boys & Girls Soccer, Girls Field Hockey

December 9 & 16	Regular season games
January 20, 27	Regular season games
February 3	Regular season games
February 10	Play-offs & Championship games

Spring Sports

Boys & Girls Flag Football, Volleyball and Track & Field

March 9 & 16	Regular season games
April 6, 13 & 20	Regular season games
April 27	Play-offs & Championship games