



Sweetwater Union High School District Athletics

670 L Street, Suite G, Chula Vista CA 91911 (619) 796-7579

2023-2024 Middle School Athletic League



MSAL 2024-2025 Master Schedule

Fall Sports

Basketball, Baseball, Softball, & Cross-Country

September 7, 14 & 21

Regular season games

October 12 & 19

Regular season games

October 26

Play-offs & Championship games

Winter Sports

Boys & Girls Soccer, Girls Field Hockey

December 7, 14 & 21

Regular season games

January 25

Regular season games

February 1

Regular season games

February 8

Play-offs & Championship games

Spring Sports

Flag Football, Volleyball and Track & Field

March 8, 15 & 22

Regular season games

April 12 & 19

Regular season games

April 26

Play-offs & Championship games

We would like to have Championship games for some sports the week following playoffs instead of the same day, this would depend on the following... 😊

- Facility availability
- Availability of officials
- Admin Supervision